



SCHOOL LUNCHBOX IDEAS

Main Dish

- Bagel w/ cream cheese and toppings
- Homemade nachos (Tostitos Scoops w/ shredded cheese, tomatoes, sour cream)
- Pita Sandwiches
- Veggie Smile Sandwiches
- Pizza on English muffin
- Cheese Quesadilla w/ sour cream
- DIY Lunchables- my kids love pepperoni, cheese cubes and townhouse crackers
- Toasted bread with soy butter (or peanut butter, Nutella) and bananas
- Mini- Pancake and Sliced Strawberry Skewers (or use their favorite fruit)
- Leftovers in a thermos
- Canned soup in a thermos (add frozen peas and carrots for extra veggies)
- Roll-ups w/ turkey or ham and cheese and a side of mustard

Snacks

- Humus and Tortilla Chips
- Pita chips with herbed cream cheese
- GoGo Squeeze Applesauce
- GoGurt
- Vanilla Greek yogurt w/ toppings (sprinkles, chocolate chips, dried fruit)
- Ranch dip for veggies
- Guacamole cups with Tortilla chips
- Goldfish
- Cheez-its
- Pirates Booty
- Skinny Pop
- Townhouse crackers
- Wheat Thins
- Pretzels

Vegetables

- Tomatoes
- Cucumbers
- Carrots
- Mini Sweet Peppers
- Sliced Bell Peppers
- Sugar Snap Peas
- Celery

Fruits

- Strawberries
- Grapes
- Cotton Candy Grapes
- Apples
- Clementines
- Raspberries
- Blueberries
- Pineapple
- Watermelon
- Kiwi
- Blackberries

Drinks

- Horizon Organic Milk Boxes
- Mini Bottled Water
- Juice Boxes
- Small Gatorade